



SECTION

C

INDEX
for
PSAA EQUIPMENT AND ROUNDS RULES

I PSAA ARCHERY SHOOTING STYLE RULES (or DIVISIONS)	C-1
A. General	C-1
B. BAREBOW	C-2
C. FREESTYLE	C-4
D. UNLIMITED	C-6
E. BOWHUNTER BAREBOW	C-8
F. BOWHUNTER FREESTYLE	C-10
G. BOWHUNTER UNLIMITED	C-12
H. LONGBOW	C-14
I. TRADITIONAL RECURVE	C-16
J. TRADITIONAL YOUTH.....	C-18
K. FITA BAREBOW	C-20
L. FITA FREESTYLE	C-22
M. CROSSBOW	C-24
N. SENIOR CITIZEN	C-25
O. SENIOR PLUS CITIZEN.....	C-25
P. COLLEGIATE	C-25
**BOWHUNTER SIGHT AND STABILIZER MEASUREMENTS CHART	C-26
II PSAA FIELD ARCHERY RULES AND REGULATIONS	C-27
A. Range Qualification	C-27
B. Tournament Officials	C-27
C. Shooting Groups	C-27
D. Shooting Rotation	C-28
E. Number of Arrows.	C-28
F. Lost Arrows.	C-28
G. Arrows Dropped or Partially Shot	C-28
H. Inclement Weather	C-28
I. Coaching by a Non-shooting Person	C-28
J. Spotters	C-28
K. Practice Target	C-29
L. Target Faces and the Surrounding Area	C-29
M. Mixed Style (Divisions) Competition.	C-29
N. Broken Bow and/or Broken Equipment	C-29
O. Shooting a Target	C-30
P. Archers Waiting to Shoot	C-30
Q. Scorers	C-30
R. Scoring	C-31
S. Tie Scores.	C-31
T. Marking A Field Course.....	C-32

III PSAA FIELD ARCHERY GAMES	C-33
A. Field Round	C-33
Youth Shooting Distances	C-36
B. Hunter Round	C-38
Youth Shooting Distances.....	C-41
C. Bowhunter/Animal Round	C-43
Youth Shooting Distances.	C-47
D. 3-D Round.....	C-49
IV PSAA TARGET ARCHERY RULES AND REGULATIONS	C-51
A. Range Qualification	C-51
B. Tournament Officials	C-51
C. Shooting Groups	C-51
D. Shooting Rotation	C-52
E. Number of Arrows.	C-52
F. Lost Arrows.	C-52
G. Arrows Dropped or Partially Shot	C-52
H. Inclement Weather	C-52
I. Coaching by a Non-shooting Person	C-52
J. Spotters and Spotting	C-52
K. Practice Arrows.	C-52
L. Target Faces and the Surrounding Area.....	C-53
M. Mixed Style (Divisions) Competition.....	C-53
N. Broken Bow and/or Broken Equipment	C-53
O. Shooting a Target	C-54
P. Archers Waiting to Shoot	C-55
Q. Scorers	C-55
R. Scoring	C-56
S. Tie Scores	C-56
V PSAA TARGET ARCHERY GAMES	C-58
A. PSAA 1200 Round (Long Outdoor Round).....	C-58
B. PSAA 900 Round (Short Outdoor Round)	C-60
C. James D. Easton 600 Round	C-61
D. Collegiate 600 Round.....	C-62
E. Cadet 600 Round	C-63
F. Clout Round	C-64
G. PSAA Long Indoor Round (30 Yard Indoor Round)	C-65
H. PSAA Short Indoor Round (20 Yard Indoor Round)	C-66
VI YOUTH REGULATIONS	C-67
VII CLASSIFICATION PROCEDURE	C-68
VIII CLASSES-ADULT	C-70
YOUTH	C-72

IX AWARDS/RECORDS.....	C-75
X PROTESTS	C-77
XI AMATEUR AND PROFESSIONAL DIVISIONS	C-79
XII RULES FOR TEAM CHAMPIONSHIPS	C-80
XIII GLOSSARY	C-82

I PSAA ARCHERY SHOOTING STYLE RULES (or DIVISIONS):

A. GENERAL: Rules applicable to all divisions.

1. These articles lay down the type of equipment archers are permitted to use when shooting in PSAA sponsored tournaments. Items of equipment not mentioned or covered in these articles are consequently not allowed without prior approval of the PSAA Board of Governors. At the direction of the tournament director, equipment checks may be made prior to the first line of competition. Stickers may be placed on your bow indicating compliance. Non-compliance will result in removal from the competition.
2. Archers shall stand to shoot and shall shoot "off hand." Physically handicapped or incapacitated archers may be granted permission to shoot while seated.
3. In the process of drawing a bow, with or without an arrow, it must always remain in a position no higher than the top of the target butt or wind flag.
4. Any archer may retire from the shooting line to avoid proximity to equipment or a shooting practice that he considers unsafe and may resume shooting when safe conditions prevail. This unsafe situation should be reported to the Range Captain as soon as possible.
5. The Range Captain (Field Captain) may, at his discretion, reprimand or even bar from further competition a shooter who exhibits carelessness in handling his weapon. The Range Captain may also bar from competition any equipment, including the bow, he considers dangerous to other shooters or spectators.
6. Provisions may be made for the relief of equipment rules restrictions by any Regional Board Member of the PSAA for good and adequate reasons. This relief must be made in writing and then submitted to the PSAA Board at the next scheduled meeting.
7. The Protest Committee shall be the final authority in settling disputes that may arise over the interpretations of these articles.

B. BAREBOW (female, male, and youth): Equipment

1. BOW: Bows may be of a conventional or compound type as described in the glossary. Bow finishes may not be defaced to aid in sighting/aiming.

2. BOW STRING: Defined in the glossary.

a. The bow string center serving must not, in any way, serve as a sighting aid. The bow string must not, in any way, offer aid in aiming through peepholes, markings, or by any other means.

b. The bow string shall be one color only. A serving of one other color may be used. The nocking point must be stationary. Any marks, ties, or string attachments in the sight window area shall invalidate its use in the Barebow Division.

3. KISSER BUTTONS: Kisser buttons are not permitted in this division.

4. ARROW REST: Any arrow rest, as defined in the glossary, may be used as long as it does not extend more than 1/2 inch above the arrow. An adjustable plunger may be used. Flipper one type rests are illegal in the Barebow Division.

5. CLICKER or OTHER DRAW CHECK INDICATOR: A clicker may be used as long as it does not extend above the arrow in the sight window. Draw check indicators may be used provided they are not electric or electronic and do not offer an additional aid in aiming and are not present in the sight window above the arrow.

6. SIGHT WINDOW: The sight window may not be altered from standard production of the manufacturer.

7. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear.

8. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.

9. **RELEASE AIDS:** Release aids, mechanical or otherwise, as defined in the glossary, are illegal in the Barebow Division.

10. **ACCESSORIES:** Armguard, chest protector, bow sling, finger sling, bow saddle and locator, a belt, back, bow, or ground quiver, and tassels are permitted. Field glasses and spotting scopes may be used at any time to locate hits. Spotting between shots is permitted so long as the archer does not leave the shooting line. Memoranda that assists in improving scores is illegal in this division.

11. **GLASSES:** Regular glasses or shooting glasses may be used. None may be fitted with micro-hole lens or markings of any type.

12. **STABILIZERS:** An unlimited number of stabilizers may be used provided they do not touch anything but the bow, provided they do not represent any obstacle to other archers as far as place on the shooting line is concerned, and provided they are not used as a sighting device. Anti-shock suppressors that stop the string and/or cable are permitted.

13. **CABLE GUARDS:** Legal cable guards shall be mounted on the opposite side of the window. They may be used on the upper and/or lower part of the riser. Cable guards mounted in the riser by the manufacturer are legal.

14. **ANCHORS AND NOCKING POINTS:** Multiple anchors and/or nocking points and string walking will be permitted.

C. FREESTYLE (female, male, and youth): Equipment

1. BOW: Bows may be of a conventional or compound type as described in the glossary.
2. BOW STRING: Defined in the glossary.
3. KISSER BUTTONS: Any kisser button, as defined in the glossary, may be used.
4. STRING PEEP: Any string peep or a power peep, as defined in the glossary, may be used.
5. ARROW REST: Any arrow rest, as defined in the glossary, may be used. An adjustable plunger, and draw check indicators may be used on the bow.
6. CLICKERS or OTHER DRAW CHECK INDICATORS: A clicker of any type may be used. A draw check indicator of any type may be used.
7. SIGHTS: Any bow sight, as defined in the glossary, may be used. Scopes and levels are permitted. Lighted pins and/or a sight lighting device may be used. Laser sights are not permitted.
8. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear.
9. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.
10. RELEASE AIDS: Release aids, mechanical or otherwise, as defined in the glossary, are illegal in the Freestyle Division.

11. ACCESSORIES: Armguard, chest protector, bowslings, finger sling, bow saddle and locator, a belt, back, bow, or ground quiver, and tassels are permitted. Field glasses and spotting scopes may be used at any time to locate hits. Spotting between shots is permitted so long as the archer does not leave the shooting line. Memoranda that assists in improving scores is legal in this division.

12. GLASSES: Regular glasses or shooting glasses may be used. None may be fitted with microhole lens or markings of any type.

13. STABILIZERS: An unlimited number of stabilizers may be used provided they do not touch anything but the bow and provided they do not represent any obstacle to other archers as far as place on the shooting line is concerned. Anti-shock suppressors that stop the string and/or cable are permitted.

14. ANCHORS AND NOCKING POINTS: Multiple anchors and/or nocking points and string walking will be permitted.

D. UNLIMITED (female, male, and youth): Equipment

1. BOW: Bows may be of a conventional or compound type as described in the glossary.
2. BOW STRING: Defined in the glossary.
3. KISSER BUTTONS: Any kisser button, as defined in the glossary, may be used.
4. STRING PEEP: Any string peep or a power peep, as defined in the glossary, may be used.
5. ARROW REST: Any arrow rest, as defined in the glossary, may be used. An adjustable plunger, and draw check indicators may be used on the bow.
6. CLICKERS or OTHER DRAW CHECK INDICATORS: A clicker or any type may be used. A draw check indicator of any type may be used.
7. SIGHTS: Any bow sight, as defined in the glossary, may be used. Scopes and levels are permitted. Lighted pins and/or a sight lighting device may be used. Laser sights are not permitted.
8. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear.
9. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.

10. **RELEASE AIDS:** Release aids, mechanical or otherwise, as defined in the glossary, are legal in the Unlimited Division.

11. **ACCESSORIES:** Armguard, chest protector, bow sling, finger sling, bow saddle and locator, a belt, back, bow, or ground quiver, and tassels are permitted. Field glasses and spotting scopes may be used at any time to locate shots. Spotting between shots is permitted so long as the archer does not leave the shooting line. Memoranda that assists in improving scores is legal in this division.

12. **GLASSES:** Regular glasses or shooting glasses may be used. None may be fitted with micro-hole lens or markings of any type.

13. **STABILIZERS:** An unlimited number of stabilizers may be used provided they do not touch anything but the bow and provided they do not represent any obstacle to other archers as far as place on the shooting line is concerned. Anti-shock suppressors that stop the string and/or cable are permitted.

14. **ANCHORS AND NOCKING POINTS:** Multiple anchors and/or nocking points and string walking will be permitted.

**E. BOWHUNTER BAREBOW (female, male, and youth):
Equipment**

1. **BOW:** Bows may be of a conventional or compound type as described in the glossary so long as it is 64 inches (AMO) or less. Bow finish may not be defaced to aid in sighting.
2. **BOW STRING:** Defined in the glossary.
 - a. The bow string center serving must not, in any way, serve as a sighting aid. The bow string must not, in any way, offer aid in aiming through peepholes, markings, or by any other means.
 - b. The bow string shall be one color only. A serving of one other color may be used. The nocking point must be stationary. Any marks, ties, or string attachments in the sight window area shall invalidate its use in the Bowhunter Barebow Division
3. **KISSER BUTTONS:** Kisser buttons are not permitted in this division.
4. **ARROW REST:** Any arrow rest, as defined in the glossary, may be used as long as it does not extend above the arrow. Flipper one type rests are illegal in this division. An adjustable plunger may be used.
5. **CLICKER or OTHER DRAW CHECK INDICATOR:** A clicker may be used as long as it does not extend above the arrow in the sight window. Draw check indicators may be used provided they are not electric or electronic and do not offer an additional aid in aiming and are not present in the sight window above the arrow.
6. **SIGHT WINDOW:** The sight window may not be altered from standard production of the manufacturer.
7. **ARROWS:** Any type arrow, as defined in the glossary, may be used. The tip (point) or tip assembly must weigh at least 100 grains. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear. No broadheads or parts of broadheads are permitted.

8. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.

9. FINGER POSITION: Of the fingers placed on the string for the purpose of drawing the string prior to releasing and shooting the arrow, one of the above mentioned fingers must touch the nock of the drawn arrow at all times prior to release and of the fingers placed on the string for purpose of drawing the string prior to releasing and shooting the arrow, one of the above mentioned fingers must touch the corner of the mouth at all times prior to release.

10. RELEASE AIDS: Release aids, mechanical or otherwise, as defined in the glossary, are illegal in the Bowhunter Barebow Division.

11. ACCESSORIES: Armguard, chest protector, bow sling, finger sling, bow saddle and locator, a belt, back, bow, or ground quiver, and tassels are permitted. Field glasses and spotting scopes may be used at any time to locate hits. Spotting between shots is permitted so long as the archer does not leave the shooting line. Memoranda that assists in improving scores is illegal in this division.

12. GLASSES: Regular glasses or shooting glasses may be used. None may be fitted with micro-hole lens or markings of any type.

13. STABILIZERS: A stabilizer no longer than 12 inches, including a coupler if used, may be used provided it does not touch anything but the bow. This stabilizer may have one or more weights attached to it. No other weights or counter balances are permitted other than anti-shock suppressors that stop the string and/or cable. The measurement of the stabilizer is made as per the sight/stabilizer diagram page listed in the index.

14. CABLE GUARDS: Legal cable guards shall be mounted on the opposite side of the window. They may be used on the upper and/or lower part of the riser. Cable guards mounted in the riser by the manufacturer are legal.

15. ANCHORS AND NOCKING POINTS: Multiple anchors and/or nocking points and string walking will not be permitted.

16. MAKING ADJUSTMENTS: No adjustments may be made on the bow after the round has started.

**F. BOWHUNTER FREESTYLE (female, male, and youth):
Equipment**

1. **BOW:** Bows may be of a conventional or compound type as described in the glossary so long as it is 64 inches (AMO) or less. Bow finishes may not be defaced to aid in sighting/aiming.
2. **BOW STRING:** Defined in the glossary.
3. **KISSER BUTTONS:** Any kisser button, as defined in the glossary, may be used.
4. **STRING PEEP:** Any string peep as defined in the glossary, with only one sighting hole may be used.
5. **ARROW REST:** Any arrow rest, as defined in the glossary, may be used. An adjustable plunger may be used.
6. **CLICKER or OTHER DRAW CHECK INDICATOR:** A clicker may be used as long as it does not extend above the arrow in the sight window. Draw check indicators may be used provided they are not electric or electronic and do not offer an additional aid in aiming and are not present in the sight window above the arrow.
7. **SIGHT WINDOW:** The sight window may not be altered from standard production of the manufacturer.
8. **SIGHTS-BOWHUNTER:** Any bow sight with five fixed pins of aim, as defined in the glossary, may be used. Lighted pins and pin guards are permitted. The bow sight, including an extension if used, must not exceed 6 inches. The measurement is made as per the sight/stabilizer diagram page listed in the index.
9. **ARROWS:** Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear. No broadheads or parts of broadheads are permitted.
10. **FINGER PROTECTION:** Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.

11. **RELEASE AIDS:** Release aids, mechanical or otherwise, as defined in the glossary, are illegal in the Bowhunter Freestyle Division.
12. **ACCESSORIES:** Armguard, chest protector, bow sling, finger sling, bow saddle and locator, a belt, back, bow, or ground quiver, and tassels are permitted. Field glasses and spotting scopes may be used at any time to locate hits. Spotting between shots is permitted so long as the archer does not leave the shooting line. Memoranda that assists in improving scores is illegal in this division.
13. **GLASSES:** Regular glasses or shooting glasses may be used. None may be fitted with microhole lens or markings of any type.
14. **STABILIZERS:** A stabilizer no longer than 12 inches, including a coupler if used, may be used provided it does not touch anything but the bow. This stabilizer may have one or more weights attached to it. Counter balances are permitted including anti-shock suppressors that stop the string and/or cable. The measurement of the stabilizer is made as per the sight/stabilizer diagram page listed in the index.
15. **CABLE GUARDS:** Legal cable guards shall be mounted on the opposite side of the window. They may be used on the upper and/or lower part of the riser. Cable guards mounted in the riser by the manufacturer are legal.
16. **ANCHORS AND NOCKING POINTS:** Multiple anchors and/or nocking points and string walking will not be permitted.
17. **MAKING ADJUSTMENTS:** No adjustments may be made on the bow, the kissers button or draw check indicator, the peep sight, or the sight or any of its parts after the round has started.

G. BOWHUNTER UNLIMITED (female, male, and youth):
Equipment

1. BOW: Bows may be of a conventional or compound type as described in the glossary so long as it is 64 inches (AMO) or less. Bow finishes may not be defaced to aid in sighting/aiming.
2. BOW STRING: Defined in the glossary.
3. KISSER BUTTONS: Any kisser button, as defined in the glossary, may be used.
4. STRING PEEP: Any string peep as defined in the glossary, with only one sighting hole may be used.
5. ARROW REST: Any arrow rest, as defined in the glossary, may be used. An adjustable plunger may be used.
6. CLICKER or OTHER DRAW CHECK INDICATOR: A clicker may be used as long as it does not extend above the arrow in the sight window. Draw check indicators may be used provided they are not electric or electronic and do not offer an additional aid in aiming and are not present in the sight window above the arrow.
7. SIGHT WINDOW: The sight window may not be altered from standard production of the manufacturer.
8. SIGHTS-BOWHUNTER: Any bow sight with five fixed pins of aim, as defined in the glossary, may be used. Lighted pins and pin guards are permitted. The bow sight, including an extension if used, must not exceed 6 inches. The measurement of the bow sight is made as per the sight/stabilizer diagram page listed in the index.
9. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear. No broadheads or parts of broadheads are permitted.
10. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.

11. **RELEASE AIDS:** Release aids, mechanical or otherwise, as defined in the glossary, are legal in the Bowhunter Unlimited Division.

12. **ACCESSORIES:** Armguard, chest protector, bowsling, finger sling, bow saddle and locator, a belt, back, bow, or ground quiver, and tassels are permitted. Field glasses and spotting scopes may be used at any time to locate hits. Spotting between shots is permitted so long as the archer does not leave the shooting line. Memoranda that assists in improving scores is illegal in this division.

13. **GLASSES:** Regular glasses or shooting glasses may be used. None may be fitted with microhole lens or markings of any type.

14. **STABILIZERS:** A stabilizer no longer than 12 inches, including a coupler if used, may be used provided it does not touch anything but the bow. This stabilizer may have one or more weights attached to it. Counter balances are permitted including anti-shock suppressors that stop the string and/or cable. The measurement of the stabilizer is made as per the sight/stabilizer diagram page listed in the index.

15. **CABLE GUARDS:** Legal cable guards shall be mounted on the opposite side of the window. They may be used on the upper and/or lower part of the riser. Cable guards mounted in the riser by the manufacturer are legal.

16. **ANCHORS AND NOCKING POINTS:** Multiple anchors and/or nocking points and string walking will not be permitted.

17. **MAKING ADJUSTMENTS:** No adjustments may be made on the bow, the kissor button or draw check indicator, the peep sight, or the sight or any of its parts after the round has started.

H. LONGBOW (female and male): Equipment

1. BOW: The bow must be of a conventional design. The bow may be of a straight limb design or of a reflex-deflex design such that when the bow is strung, the string touches only the nocks of the bow. Take-down longbows are legal. No added weights are allowed either on the inside or the outside of the bow.

2. BOW STRING: Defined in the glossary.

a. The bow string center serving must not, in any way, serve as a sighting aid. No ties or string attachments are allowed in the sight window.

b. Servings may be added at the nocking point to make the string fit the arrow nocks. One or two nock locators may be positioned on the string to locate this nocking point. Only one nocking point is allowed, either above, below, or between the nock locator(s).

3. ARROW REST: Arrows shall be shot from the shelf or hand. No elevated rests are allowed. Permanently attached shelf-leveling blocks are permitted. A piece of leather or rest-rug may be on the shelf and on the inner side of the sight window. Matchstick bumps may be under rugs and leathers.

4. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear. No broadheads or parts of broadheads are permitted.

5. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.

6. FINGER POSITION: Of the finger placed on the string for the purpose of drawing the string prior to releasing and shooting the arrow, one of the above mentioned fingers must touch the nock of the drawn arrow at all times prior to release. Only one finger position on the string may be used at a shoot which means that no string walking is permitted.

7. ACCESSORIES: Armguard, chest protector, wristsling, finger sling, bow saddle and locator, a belt, back, or ground quiver, and tassels are permitted. Memoranda that assists in improving scores is illegal in this division.

8. GLASSES: Regular glasses or shooting glasses may be used. None may be fitted with a microhole lens or markings of any type.

9. RELEASE AIDS: Release aids, mechanical or otherwise, as defined in the glossary, are illegal in this division.

I. TRADITIONAL RECURVE (female and male): Equipment

1. BOW: The bow must be of a conventional design. Takedown bows are legal.

2. BOW STRING: Defined in the glossary.

a. The bow string center serving must not, in any way, serve as a sighting aid. No ties or string attachments are allowed in the sight window.

b. Servings may be added at the nocking point to make the string fit the arrow nocks. One or two nock locators may be positioned on the string to locate this nocking point. Only one nocking point is allowed, either above, below, or between the nock locator(s).

3. ARROW REST: Arrows shall be shot from the shelf or hand. No elevated rests are allowed. Permanently attached shelf-leveling blocks are permitted. A piece of leather or rest-rug may be on the shelf and on the inner side of the sight window. Matchstick bumps may be under rugs and leathers.

4. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear. No broadheads or parts of broadheads are permitted.

5. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.

6. FINGER POSITION: Of the finger placed on the string for the purpose of drawing the string prior to releasing and shooting the arrow, one of the above mentioned fingers must touch the nock of the drawn arrow at all times prior to release. Only one finger position on the string may be used at a shoot which means that string walking is not permitted.

7. ACCESSORIES: Armguard, chest protector, wrist sling, finger sling, bow saddle and locator, a belt, back, or ground quiver, and tassels are permitted. Memoranda that assists in improving scores is illegal in this division.

8. GLASSES: Regular glasses or shooting glasses may be used. None may be fitted with a microhole lens or markings of any time.

9. RELEASE AIDS: Release aids, mechanical or otherwise, as defined in the glossary, are illegal in this division.

J. TRADITIONAL YOUTH (pre-cadet, cadet, junior, and intermediate):
Equipment

1. BOW: The bow must be of a conventional design. Takedown bows are legal.
2. BOW STRING: Defined in the glossary.
 - a. The bow string center serving must not, in any way, serve as a sighting aid. No ties or string attachments are allowed in the sight window.
 - b. Servings may be added at the nocking point to make the string fit the arrow nocks. One or two nock locators may be positioned on the string to locate this nocking point. Only one nocking point is allowed, either above, below, or between the nock locator(s).
3. ARROW REST: Arrows shall be shot from the shelf or hand. No elevated rests are allowed. Permanently attached shelf-leveling blocks are permitted. A piece of leather or rest-rug may be on the shelf and on the inner side of the sight window. Matchstick bumps may be under rugs and leathers.
4. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear. No broadheads or parts of broadheads are permitted.
5. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.
6. FINGER POSITION: Of the finger placed on the string for the purpose of drawing the string prior to releasing and shooting the arrow, one of the above mentioned fingers must touch the nock of the drawn arrow at all times prior to release. Only one finger position on the string may be used at a shoot which means that no string walking is permitted.

7. ACCESSORIES: Armguard, chest protector, wristsling, finger sling, bow saddle and locator, a belt, back, or ground quiver, and tassels are permitted. Memoranda that assists in improving scores is illegal in this division.

8. GLASSES: Regular glasses or shooting glasses may be used. None may be fitted with a microhole lens or markings of any type.

9. RELEASE AIDS: Release aids, mechanical or otherwise, as defined in the glossary, are illegal in this division.

K. FITA BAREBOW (female, male, and youth): Equipment

1. BOW: Bows must be of a conventional type as described in the glossary. Bow finishes may not be defaced to aid in sighting. Compound bows are illegal in this division.

2. BOW STRING: Defined in the glossary.

a. The bow string center serving must not, in any way, serve as a sighting aid. The bow string must not, in any way, offer aid in aiming through peepholes, markings, or by any other means.

b. The bow string shall be one color only. A serving of one other color may be used. The nocking point must be stationary. Any marks, ties, or string attachments in the sight window shall invalidate its use in the FITA Barebow Division.

3. KISSER BUTTONS: Kisser buttons are not permitted in this division.

4. STRING PEEPS: String peeps are not permitted in this division.

5. ARROW REST: Any arrow rest, as defined in the glossary, may be used as long as it does not extend more than 1/2 inch above the arrow. An adjustable plunger may be used on the bow.

6. CLICKER or OTHER DRAW CHECK INDICATOR: All clickers and/or draw check indicators are illegal in this division.

7. SIGHTS: Any bow sight is illegal in the FITA Barebow Division.

8. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear. No broadheads or parts of broadheads are permitted.

9. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.

10. RELEASE AIDS: Release aids, mechanical or otherwise, as defined in the glossary, are illegal in the FITA Barebow Division.

11. ACCESSORIES: Armguard, chest protector, bowslings, finger sling, bow saddle or locator, a belt, back, bow, or ground quiver, and tassels are permitted. Field glasses and spotting scopes may be used at any time to locate hits. Spotting between shots is permitted so long as the archer does not leave the shooting line. Memoranda that assists in improving scores is legal in this division.

12. GLASSES: Regular glasses or shooting glasses may be used. None may be fitted with microhole lens or markings of any type.

13. STABILIZERS: No stabilizers or counter balances are permitted. Weights, whether factory option or other, must not create a horizontal measurement greater than the otherwise widest part of the riser.

14. ANCHORS AND NOCKING POINTS: Multiple anchors and/or nocking points and string walking will be permitted.

L. FITA FREESTYLE (female, male, and youth): Equipment

1. BOW: Bows must be of a conventional type as described in the glossary. Compound bows are illegal in the FITA Division.
2. BOW STRING: Defined in the glossary.
3. KISSER BUTTONS: Any kisser button, as defined in the glossary, may be used.
4. STRING PEEP: String peeps of any type are illegal.
5. ARROW REST: Any arrow rest, as defined in the glossary, may be used. An adjustable plunger, and draw check indicators may be used on the bow.
6. CLICKER or OTHER DRAW CHECK INDICATOR: Any type clicker may be used. Draw check indicators may be used provided they are not electric or electronic.
7. SIGHTS: Any bow sight, as defined in the glossary, may be used. Scopes and levels are not permitted.
8. ARROWS: Any type arrow, as defined in the glossary, may be used. All arrows must be identical size, including length, width/diameter, nock size, and fletching with allowances for wear and tear. No broadheads or parts of broadheads are permitted.
9. FINGER PROTECTION: Any type of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold or release the string, as per the definitions of such in the glossary, are permitted. On the bow hand, an ordinary glove, mitten or similar item may be used.
10. RELEASE AIDS: Release aids, mechanical or otherwise, as defined in the glossary, are illegal in the FITA Division.

11. ACCESSORIES: Armguard, chest protector, bowslings, finger sling, bow saddle and locator, a belt, back, bow, or ground quiver, and tassels are permitted. Field glasses and spotting scopes may be used at any time to locate hits. Spotting between shots is permitted so long as the archer does not leave the shooting line. Memoranda that assists in improving scores is legal in this division.

12. GLASSES: Regular glasses or shooting glasses may be used. None may be fitted with microhole lens or markings of any type.

13. STABILIZERS: A maximum of six (6) stabilizers may be used provided they do not touch anything but the bow and provided they do not represent any obstacle to other archers as far as place on the shooting line is concerned.

14. ANCHORS AND NOCKING POINTS: Multiple anchors and/or nocking points and string walking will be permitted.

M. CROSSBOW (female, male, and youth): Equipment

1. **CROSSBOW:** The crossbow and parts may be made of any safe material. The maximum draw weight is 100 pounds.

2. **SIGHTS:** Any sight, as defined in the glossary, may be used. Telescopic or magnifying sights are illegal. Laser sights are not permitted.

3. **ARROWS (or BOLTS):** Any type arrow (or bolt) as defined in the glossary, may be used. All arrow/bolts must be identical size including length, width/diameter, nock size, and fletching with allowances for wear and tear. No Broadheads or parts of Broadheads are permitted.

4. **SLINGS:** Rests (for the crossbow), slings, or straps of any description are illegal, if used during the act of shooting.

5. **ACCESSORIES:** Field glasses and spotting scopes may be used at any time to locate hits. Spotting between shots is permitted so long as the archer does not leave the shooting line. Foot stirrups attached to the stock or foot plates on the ground are permitted. Any mechanical device for spanning the bow is illegal. Memoranda that assists in improving scores is legal in this division.

6. **LOADING A CROSSBOW:** Crossbows shall be drawn by hand. The archer will keep the crossbow when drawn, whether loaded or not, pointed in the direction of the target. During the act of loading, and while being adjusted to the aiming position, the crossbow barrel should be directed downward or pointed in the direction of the target.

N. SENIOR CITIZENS (52 through 61 years of age, female and male): Equipment

1. The senior citizens division includes all PSAA shooting styles ie. Barebow, ,Freestyle, Unlimited, Bowhunter Barebow, Bowhunter Freestyle, Bowhunter Unilimited, Traditional Longbow, Traditional Recurve, FITA Barebow, FITA Freestyle, and Crossbow. These shooting styles will not be divided into classes.
2. Barebow and Bowhunter Barebow will compete as one division, Freestyle and Bowhunter Freestyle will compete as one division, Unlimited and Bowhunter Unlinited will compete as on division, Traditional Recurve and Longbow will compete as one division, and crossbow. Regular PSAA division records will be maintained.

O. SENIOR PLUS CITIZENS (62 years of age or older, female and male): Equipment

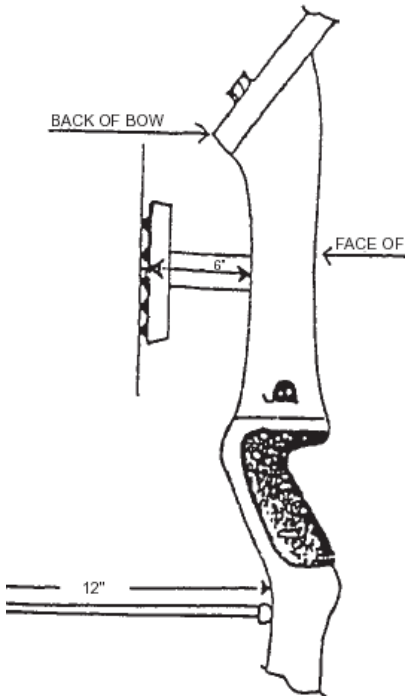
1. The senior plus citizens division includes all PSAA shooting styles ie. Barebow, ,Freestyle, Unlimited, Bowhunter Barebow, Bowhunter Freestyle, Bowhunter Unilimited, Traditional Longbow, Traditional Recurve, FITA Barebow, FITA Freestyle, and Crossbow. These shooting styles will not be divided into classes.
2. Barebow and Bowhunter Barebow will compete as one division, Freestyle and Bowhunter Freestyle will compete as one division, Unlimited and Bowhunter Unlinited will compete as on division, Traditional Recurve and Longbow will compete as one division, and crossbow. Regular PSAA division records will be maintained.

P. Collegiate (college students): Equipment

1. The Collegiate division will be for indoor Target Archery rounds only. Any current PSAA approved archery equipment may be used.

BOWHUNTER SIGHT AND STABILIZER MEASUREMENTS
DIAGRAM

HOW TO MEASURE BOWHUNTERS
SIGHT * & STABILIZER



*Sight measurements are made from the back of the bow to the pins / points of aim.

XIII GLOSSARY:

Anchor - The position of the hand against the face at full draw.

Arrow - A slender shaft, usually pointed at one end and feathered at the other, for shooting from a bow. An arrow consists of a shaft with a diameter of 0.422 or less, a nock, fletching, a point (tip or arrowhead), either removable or permanent with a diameter of 0.425 or less, and cresting if desired. It is recommended that the total arrow be a minimum of 6 grains per one (1) pound of peak bow weight or current AMO recommendations of grains per pound.

Arrow Plate - That portion of the bow against which the arrow rests at full draw. This is sometimes adjustable to make a bow less or more center shot. That portion of the arrow rest which is affixed to the sight window against which an arrow rides while being drawn. An arrow plate extending more than one-half inch above the arrow shall be deemed illegal in the barebow and bowhunter divisions.

Arrow Point - One end of the arrow, or an addition to the arrow that strikes the target first. Includes all glue-in or screw-in arrow tips with the exception of broadheads or parts of broadheads.

Arrow Rest - A flexible horizontal shelf on which the arrow rests. This can be adjustable. This is usually placed about one-half inch to one inch above the shelf, that is the bottom horizontal section of the sight window. The apparatus on which an arrow rests as it is drawn. The part of this apparatus extending more than one-half inch above the arrow will be deemed illegal in barebow and bowhunter divisions. The arrow rest can be located in, on, in front, or in back of the riser.

Back - The side of the bow that is away from the archer.

Barebow - The method of shooting which does not allow a sight.

Bolt - The arrow shot out of a crossbow is called a bolt.

Bow - A bow of any type may be used provided it subscribes to the accepted principle and meaning of the word bow that is used in competitive archery, e.g. An instrument consisting of a handle, grip, riser and two flexible limbs each ending in a tip with a string nock.

Bow, Compound - A compound bow is allowed in P.S.A.A. competition shall have a riser, 2 or more limbs which can be adjustable, eccentric wheels or pulleys, cams and concentric pulleys and/or a combination of wheels, cams, and/or pulleys. It shall have rotatable leverage pulley/cam members on the tips of the bow limbs or on the riser. A bow string/cable is wound over the members to provide mechanical advantage, and less force is required to hold the bowstring at full draw than at some intermediate draw position. The bow string may be all or part cable. There shall be no reduction limitation between peak load and release load.

Bow, Conventional - Any bow consisting of just a handle/riser, limbs and a string. These bows include recurve, straight, and longbows.

Bow, Recurve - A bow so designed that the end 10 inches of each limb viewed from the side have a convexed shape.

Bow, Reflex - A bow so designed that from the side, the back of the two limbs and the handle has a convex shape.

Bowmark - A mark, tape or other thing made or placed on the bow and used as a sight. (See sight.) Such a mark may be made with a pencil, tape, scratch, or any other suitable marking.

Bow Sling - Bowslings are defined as wrist slings with contact only between the bow hand and the bow handle.

Bow String - The bow is braced for use by a single bow string attached directly between the two string nocks only and in operation is held in one hand by its handle grip while the finger of the other hand draws and releases the string.

Butt - Any object against which the target face is place.

Cable Stop - An anti-shock device that stops the cable.

Coupler - A device used to connect the stabilizer to the bow.

Counter Balances - Weights and/or single or multiple stabilizers used for the purpose of balancing a bow. Counter balances must not interfere with other archers.

Course - Physical layout of a unit or round.

Cross Bow - Bow fitted to a stock made of any safe material drawn by non-mechanical aids to be shot off hand with a mechanical string holding and releasing mechanism.

Double Round - Two completed rounds or 56 targets.

Draw Checker - Any device that an archer might use to consistently draw the arrow to the same point.

Face - Target face an archer shoots at; side of the bow which is toward the archer.

Field Point - A point having at least two different diameters along its length.

Finger Protection - Anything used on the hand and/or fingers in the form of finger stalls or tips, gloves, shooting tab or tape (plastic) to draw, hold and release the string are permitted provided they are smooth with no device to help hold and/or release the string. A separator between the fingers to prevent pinching may be used. On the bow hand an ordinary glove, mitten or similar device may be worn.

Flight or End - The number of arrows shot before they are scored and retrieved in a given game.

Freestyle - The method of shooting which allows a sight.

Grip - The handle section.

Kisser Button - An object or device placed on the string for the purpose of maintaining a consistent anchor point.

Laser - A device that projects a mark onto the target. Lasers are not permitted in any division.

Memoranda - A plate, tape, or sticker attached to the bow or other notes used as a guide for sight markings or other uses to improve scores.

Mechanical Release - A device comprising of a plurality of interactive parts, whether such are individual pieces or spring conjoined parts, capable of cooperatively acting to effect bow string release by a separate motion of at least one such part relative to another part.

Nock Point - A metal, plastic, rubber, string wrap, or other device placed on the large center section of the bow string which acts as an arrow positioner.

Peep, String - An object or device with a single hole put in the string for the purpose of aiming. Some peeps may vary from the above description. String peeps with clarifiers are permitted.

Pins, Simple Fixed - A sight with a maximum of five (5) fixed reference points. No magnification is permitted on this type sight if used in the bowhunter division.

Points-of-Aim, Fixed - A sight with a maximum of five (5) fixed reference points. No magnification is permitted on this type sight if used in the bowhunter division.

Prism Sight - A bow sight with a homogeneous transparent solid usually with triangular base and rectangular sides used to produce or analyze a continuous spectrum and to bend light rays.

Release Aids - see the definition of a Mechanical Release.

Round - Two such units, or twice around one unit.

Scope Sight - A bow sight that is an instrument of magnification.

Serving - The reinforced section at the end of and at the center of the bow string.

Shooting Line - A line, real or imaginary, that indicates where an archer shall stand to shoot a target. Shooting lines can be indicated by stakes or other ground markers.

Sight - Any device that is attached to the bow for the purpose of aiming is considered a bow sight. Bow sights can be of a fixed pin design or of an adjustable design with the tip of the pins or reference points in the sight window. Bowmarks are considered sights. Sights may have levels and scopes.

Sight, Bowhunter - Only sights of a fixed pin or fixed points-of-aim design are permitted in these divisions. Levels are legal in the Bowhunter divisions. Range finding sights are illegal in the Bowhunter divisions. Sights with magnification are illegal in the Bowhunter divisions.

Spot - Aiming center on a given face; also known as the X-ring.

Stabilizer - A weight extending out from the bow that helps stabilize the bow.

Stake - Object used to indicate where an archer stands to shoot at a target. A stake locates an imaginary line called the shooting line.

String - A bowstring may be made up of any number of strands of the material chosen for the purpose, with a center serving to accommodate the drawing fingers, a nocking point to which may be added serving(s) to fit the arrow nock as necessary. To locate this point one or two nock locators may be positioned.

String Stop - An anti-shock device that stops the string.

Timber - Warning call to other archers who may be in a danger zone, announcing that you are ready to shoot.

Tip Assembly - The tip assembly included the insert, the screw-in point and locking washers.

Tools - Any instrument used or worked by hand; anything used in the performance of an operation. An object that applies mechanical advantage.

Unlimited - The method of shooting which allows use of a mechanical release.

Unit - A 14 target course including all official shots.

Walking the String - A system of shooting involving all three fingers below the arrow and various gaps between the arrow on the string to achieve a point blank sight pictured no matter what the target distance.

Weight, Conventional Bow - The amount of pull necessary to bring the head of a 28 inch arrow even with the back of the bow. The actual physical weight of the bow is usually referred to as Weight-In-Hand.

Weight, Compound Bow - The maximum amount of force necessary to pull the bow to full draw.

X-ring - See Spot.